DEVELOPING INDIGENOUS RESOURCES INDIA



JULY 2025 REPORT

DEVELOPING INDIGENOUS RESOURCES - INDIA

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CEO REPORT

In the year 2006 one Nepali Family after 7 months of hardships by the DIR India team, sitting under a tree on cemented electric poles mounted on the bricks with a rickety table under a tree in the extreme heat of summer, April,May,and June, took pity on us. He offered his two vacant rooms on the second floor to save us from the extreme heat and wet climate of monsoon weather in July.

DIR India, after eight months of hardships, had a decent room to sit which made the functioning of the medical program easy. This is the place where we started our morning Program at 9 AM with YOGA PRANYAM, followed by Meditation. I was practising it, so I felt that starting the day with this activity would bring positive vibes in the environment, which would generate positive energy.

In July 2025 we started meditation from 11.30 AM to 12.30 PM under direct transmission by a Perceptor, Mrs Neera Singh on every Wednesday. This has helped the DIR Team to a great extent in their thinking and stability of mind. We are extremely grateful to Heartfulness Meditation introduced by Kamlesh D. Patelji, the fourth head of Sahaj Marg- , a Pharmacist by profession.





The DIR Team is progressing day by day and is perfect in every field. There were two visitors Col. and Mrs. Manish Dadwal and Ashima , a social worker.









STORY FOR THE MONTH

Nikki and Kishan got married and moved to Janta Colony in 2018. Kishan's livelihood is ragpicking, mainly recyclable material from door to door or from one street to another. The couple is living in Janta Colony in a rented apartment. They pay Rs 3,500 rent every month.

Kishan's monthly income varies from Rs 8000 to Rs10,000 since 2018 to 2025, in the couple had three children in a span of seven years.

The eldest is Niyati, she is 6 years old, the second one is Nitya, she is 2 years and 6 months old, and the youngest baby is 3 months old.

Kishan's limited income is not sufficient to feed 5 members of the family. DIR has adopted this family in our NIPP feeding program and Niyati is in our Alambana Project. The family is facing acute financial hardships. The couple doesn't have basic day-to-day needs for the family. They all sleep on the floor on a thin sheet, which is spread at night. We have included this family in our list of needy. As and when old clothes ,blankets etc. are donated by any donor for distribution amongst poor families, their name is always included in our list the most needy families.

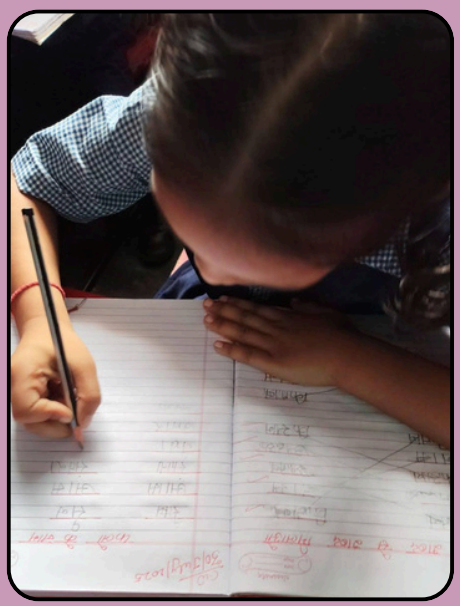












ACADEMICS

July marks the onset of the monsoon season, characterised by a humid climate, frequent rainfall, and an increase in vector-borne illnesses.
. In academics, Cholera and the lymphatic system were introduced:

- Cholera is a severe water-borne disease caused by the bacterium Vibrio Cholerae, usually spread through contaminated food or water.
- According to the WHO, there are 1.30 to 40 million cases and 21000 to 143000 deaths with cholera worldwide each year.https://www.who.int/news-room/fact-sheets/detail/cholera
- It's clinically marked by rice-watery stools and rapid dehydration, and can be fatal in hours if not treated.
- Preventive measures, including access to safe drinking water, proper sanitation, hand hygiene, and timely vaccination, were taught.
- Additionally, the lymphatic system was once overlooked in medical practice but is now known to be vital as it maintains fluid balance, absorbs fats and supports the immune system, helping the body fight diseases and stay healthy.

MEDICAL TRAINING





ACADEMICS

NUTRITION TRAINING

The month of July marks the end of summer and the beginning of the monsoon season. This seasonal shift often brings with it a rise in health issues, particularly related to digestion. During the monsoon, the increased humidity and unhygienic conditions create a favourable environment for the growth of disease-causing germs. As a result, illnesses such as typhoid, gastrointestinal disturbances, diarrhoea, and dysentery become more common. Therefore, it is important to be cautious with food choices and maintain proper hygiene.

To address these concerns, a nutrition training was conducted in July, focusing on the following key topics:

- Constipation
- Diarrhoea
- Hypertension





NUTRITIONAL DEMONSTRATION

Vegetable Biryani is a flavorful and aromatic rice dish, popular in Indian cuisine. In our nutritional demonstration, a low-cost, high-protein, and energy-rich vegetable biryani was prepared using rice, corn, soya chunks, channa dal, peanuts, onions, tomatoes, and spices. To begin with, corn was steamed, peanuts were dry roasted and both channa dal and soya chunks were soaked for 2–3 hours to enhance texture and digestibility. All the ingredients were then sautéed together, after which rice and water were added and the mixture was pressure-cooked for one whistle. Once cooled, the biryani was served with curd to enhance both taste and nutritional value. This version of vegetable biryani is not only nutritious and affordable but also serves as a wholesome meal. It is especially suitable for children's tiffin and can also be enjoyed by the whole family as a complete meal option.
Nutritional value per serving - 100g

Energy - 45Kcal
Protein - 4.2g

Name of the Recipe: Vegetable Corn Biryani









ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
7	4	3	0

- The progress report of the sponsored children, which includes the health status of the adopted child, is sent to each donor every month.
- A total of 19 children from the Alambana project (children of rag pickers) are sponsored. These children are also part of the NIPP program.
- DETAILED PROGRESS REPORT OF NIPP:
- The total attendance of NIPP in July was 28, comprising 7 malnourished children from the basti under 5 years of age for the feeding program, 19 Alambana children, 1 lactating mother, and 1 needy woman.
-
- PROGRESS REPORT UNDER NIPP PROGRAM:
- 5 Children gained weight.
- 2 children showed no change in weight due to seasonal illnesses like cough and cold.





TOTAL ADOPTED POPULATION IN JANTA COLONY AND DHANAS

	JANTA COLONY	DHANAS
Total Population	9476	9710
Total Males	4869	5280
Total Females	4607	4430
Total no. of children	526	544

STATISTICS OF THE MEDICAL PROJECT IN JANTA COLONY

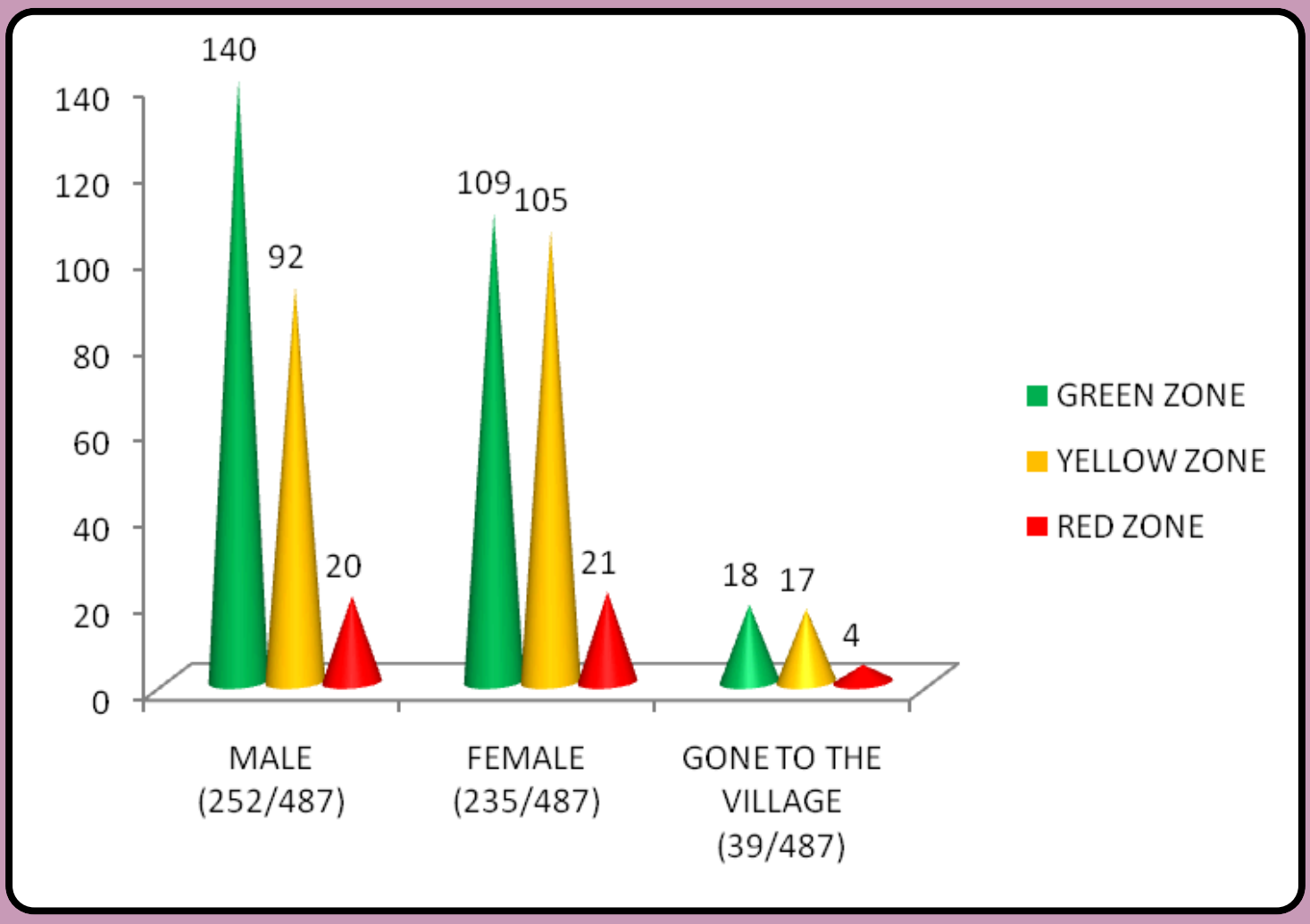
ZONE	MALE	FEMALE	TOTAL	GONE TO THE VILLAGE
GREEN	140	109	249	18
YELLOW	92	105	197	17
RED	20	21	41	4

STATISTICS OF THE MEDICAL PROJECT IN DHANAS

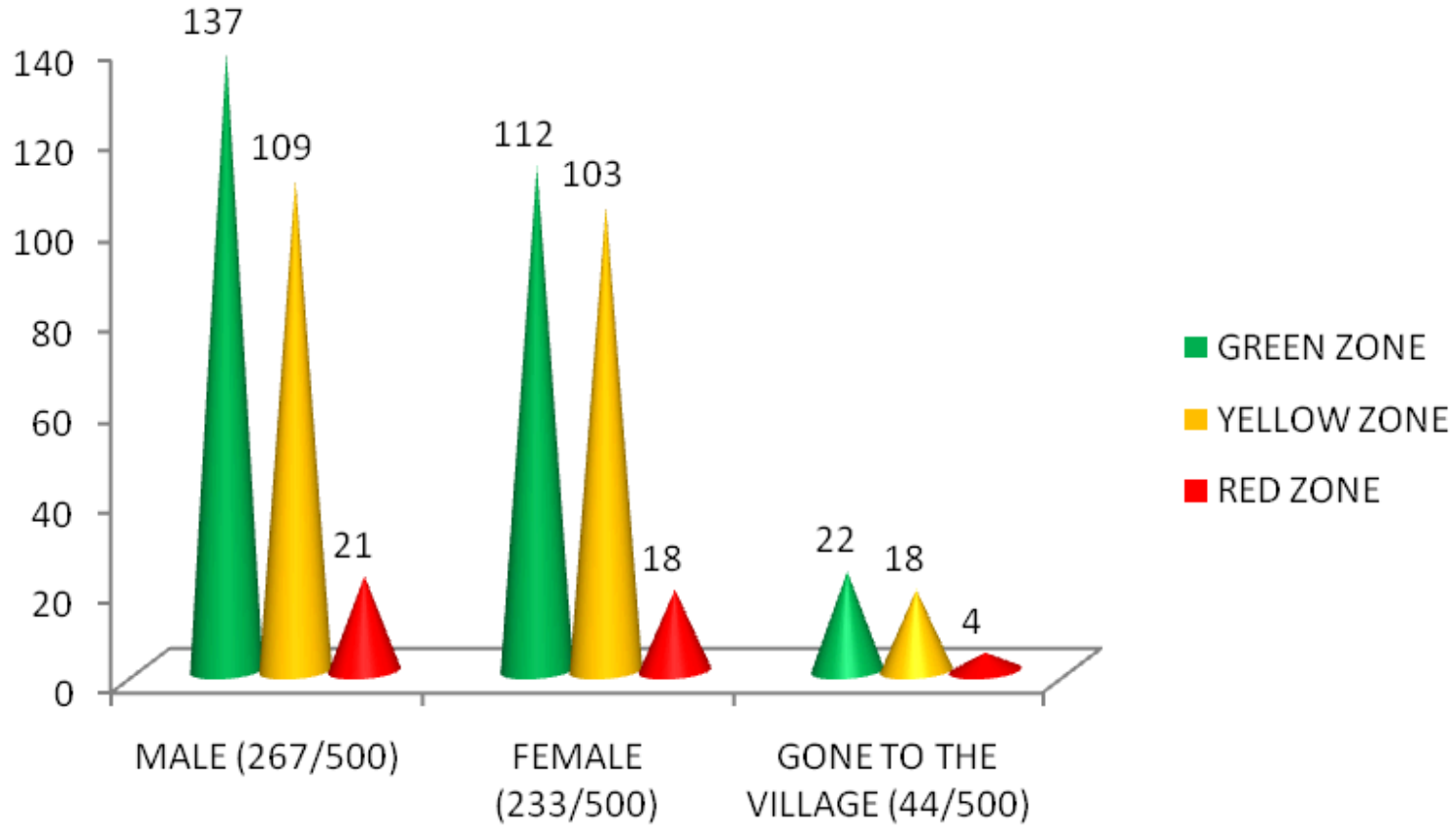
ZONE	MALE	FEMALE	TOTAL	GONE TO THE VILLAGE
GREEN	137	112	249	22
YELLOW	109	103	212	18
RED	21	18	39	4

NOTE- In the month of July, the rise in Yellow Zone cases can be attributed to the heavy monsoon rainfall, which has resulted in significant flooding and the subsequent contamination of drinking water supplies. This situation has heightened the risk of waterborne and vector-borne illnesses, including diarrhoea, typhoid, dengue, chikungunya, and malaria.

Graphics display of children weighed in Janta Colony in the categories of Red, Yellow and Green Zone



Graphics display of children weighed in Dhanas in the categories of Red, Yellow and Green Zone



	JANTA COLONY	DHANAS
Total No. of children last month	529	539
Children permanently left	9	7
Total Deliveries	6	4
Children reached 5 years of age	6	12
New families moved into the area on rent with children under five	6	20





STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	4	0.8	7	1.3
13-24	4	0.8	7	1.3
25-35	9	1.7	6	1.1
36-48	13	2.4	10	1.8
49-60	11	2.1	9	1.7
Total Red Zone children	45	8.6	43	7.9
Red zone children (weighed)	41	7.8	39	7.2
Children not weighed (gone to the village)	4	0.8	4	0.7

DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	44	1	1	0	0	0	1	0	0	0	0
Dimple	55	5	4	1	3	0	1	0	0	1	0
Lata Gosain	52	6	6	0	2	0	4	0	0	3	0
Meenakshi	44	4	4	0	1	0	2	0	0	2	1
Kajal	41	8	8	0	2	2	3	0	0	3	1
Pooja	44	7	6	1	4	0	2	0	0	5	0
Lata Chandel	41	1	1	0	1	0	0	0	0	0	0
Sushma	37	3	3	0	1	0	2	0	0	1	0
Sunita	48	1	1	0	1	0	0	0	0	0	0
Veena	35	3	3	0	2	1	0	0	0	0	0
Sanjana	42	5	3	2	0	0	2	0	0	1	0
Meena	43	1	1	0	0	0	1	0	0	0	0

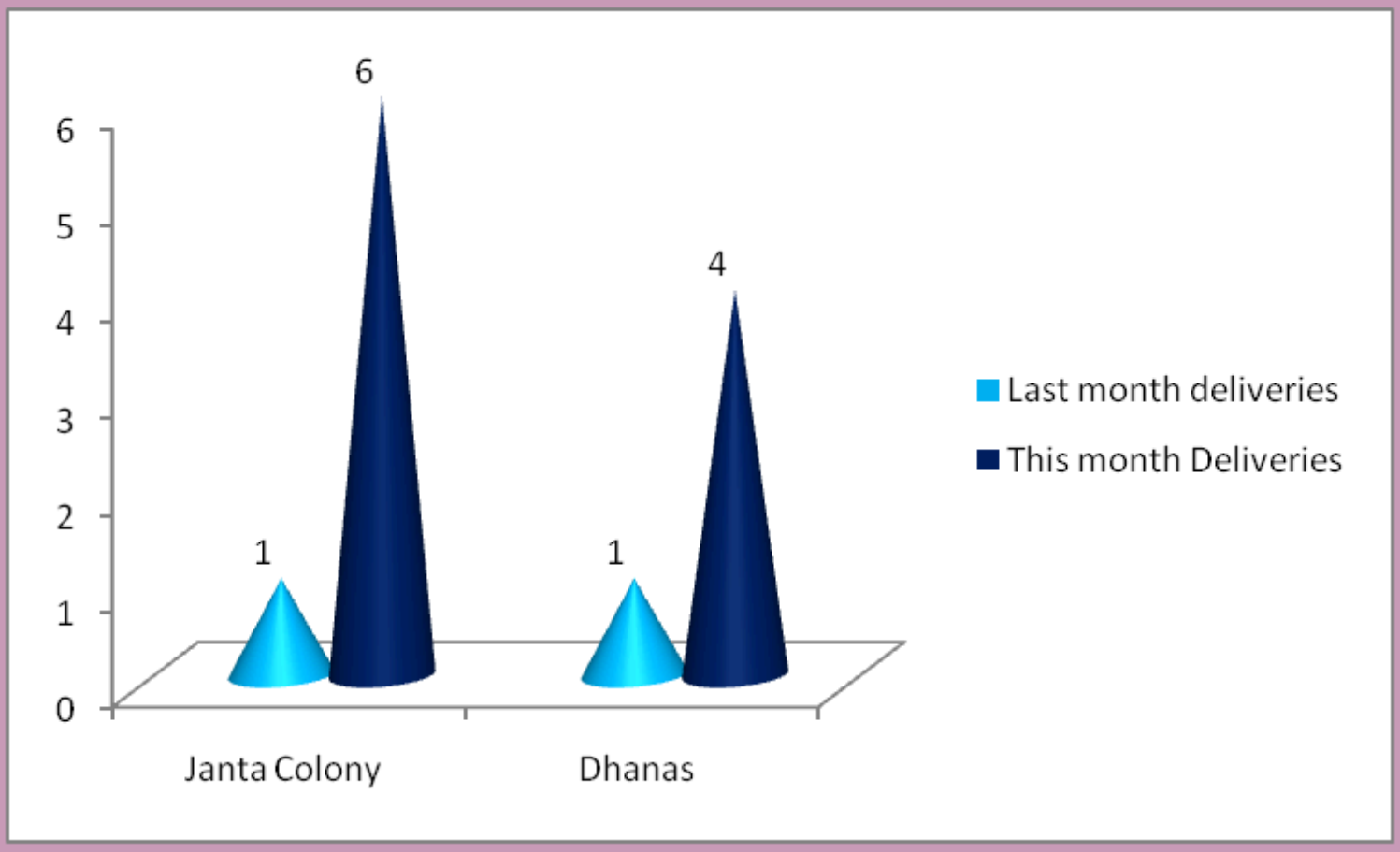
DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	52	6	6	0	3	0	2	0	0	3	1
Dimple	46	3	2	1	1	0	0	0	0	0	1
Lata Gosain	42	2	2	0	0	1	1	0	0	0	0
Meenakshi	40	1	1	0	0	0	0	0	0	0	0
Kajal	43	4	3	1	1	0	2	0	0	0	0
Pooja	49	5	5	0	4	0	1	0	0	0	0
Lata Chandel	51	2	2	0	1	0	1	0	0	0	0
Sushma	41	3	3	0	2	0	1	0	0	0	0
Sunita	44	2	2	0	1	0	1	0	1	0	0
Veena	55	7	6	1	4	1	1	0	0	0	0
Sanjana	50	7	6	1	1	1	4	0	0	0	0
Meena	31	1	1	0	0	0	1	0	0	0	0

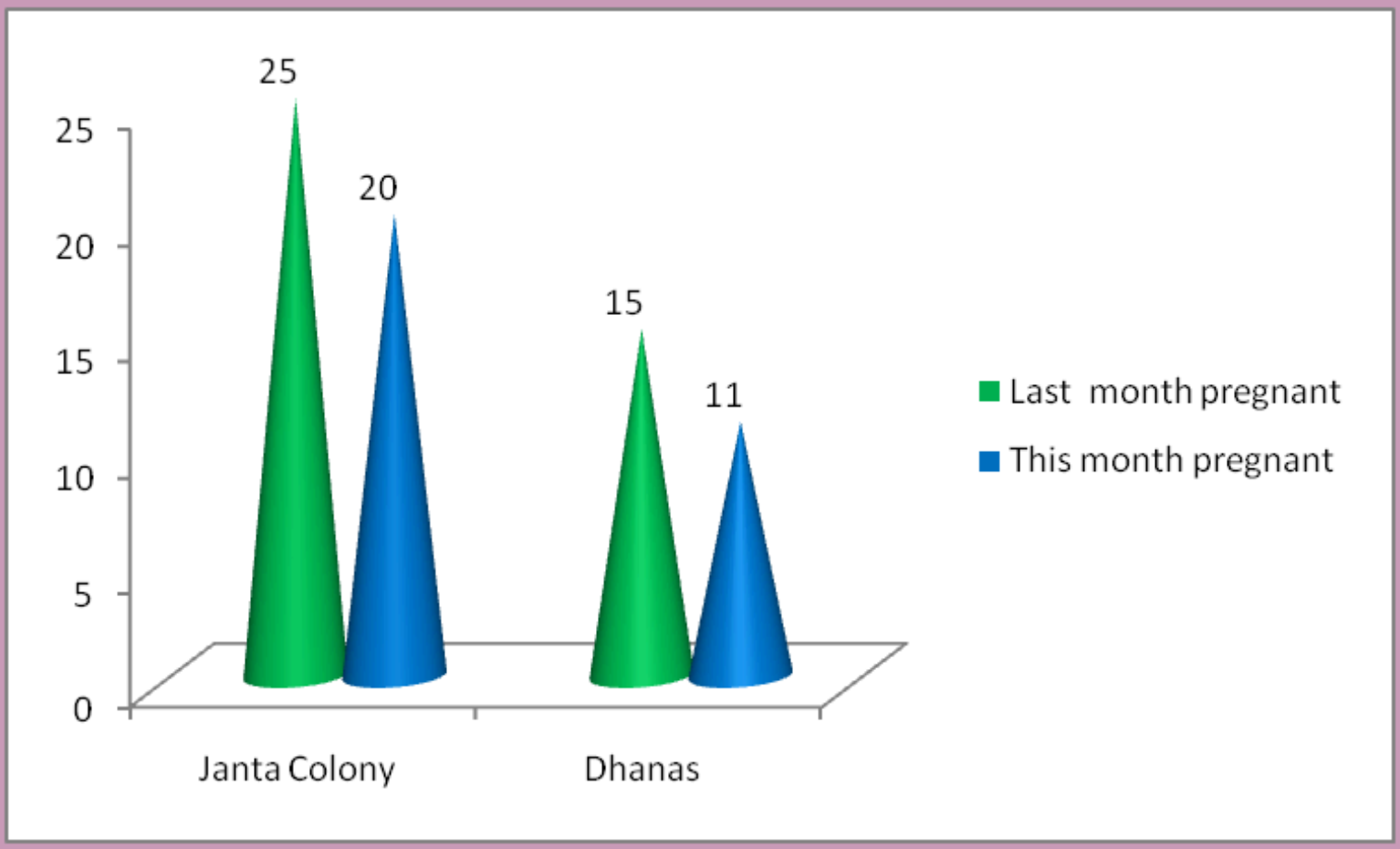
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	JANTA COLONY	DHANAS VILLAGE
Number of women pregnant last month	25	15
Number of deliveries	6	4
Births	Male:1 Female:5	Male: 1 Female: 3
Mothers who left the Colony	1	1
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	2	0
Trimester	1st trimester: 0 2nd trimester: 5 3rd trimester: 15	1st trimester:0 2nd trimester:2 3rd trimester: 9
Number of Pregnant women this month	20	11

Total number of Deliveries in Janta Colony and Dhanas



Total number of pregnant in Janta Colony and Dhanas



DEATH DETAILS IN JANTA COLONY

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Inder Singh	95	Male	Natural Death	Lata Gosain
Ayansh	20 months	Male	Falling From Terrace	Lata Gosain
Urmila Devi	56	Female	Hypoglycemia	Sushma

DEATH DETAILS IN DHANAS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Vinod	42	Male	Oral Cancer	Banita
Bhanwati	55	Female	Heart Attack	Banita

EDUCATION PROGRAM

SWAD SCHOOL PROGRESS REPORT

- Class - Pre-Nursery and Nursery
- Class teacher - Mrs Geeta
- Ayush is a new student in pre-nursery. When he first started school, he felt very anxious and often cried. He had trouble adapting to the new environment. His teacher noticed this and paid close attention to his behaviour. To help Ayush feel more at ease, she took him to the playroom and introduced him to fun activities. After joining these activities, he showed a big improvement in his behaviour and started to enjoy school. Now, Ayush comes to school every day with excitement and enthusiasm.



- Class - L.K.G
- Class teacher - Mrs. Lata
- Paramveer is a student in LKG. He is confident and eager to learn new things. He does well with oral tasks, but he has difficulty with written work. He takes a long time to write letters and numbers neatly.

The teacher noticed this and started giving him extra time and attention to help him practice his writing. She also gave him additional writing exercises for homework. With regular practice and her support, Paramveer's writing skills have slowly improved over time.



EDUCATION PROGRAM

SWAD SCHOOL PROGRESS REPORT



- Class - U.K.G
- Class teacher - Mrs. Saroj
- Vanshika is a student in the U.K.G. class. She is good at reading and writing, but she sometimes forgets how to read and write letters and numbers correctly. To help her improve, her teacher uses flash cards and letter blocks. The teacher also helps her memorise the letters and their sounds through rhymes. This method makes it easier for Vanshika to remember. Every day, the teacher reviews what they learned the day before and has Vanshika write it down twice. This daily practice helps Vanshika strengthen her skills.



- Class - Alambana
- Class teacher - Miss Antima
- Niyati is a new student in the Alambana class. At first, she was very shy and did not want to talk to her classmates. She often sat quietly and avoided joining in class discussions or group work.

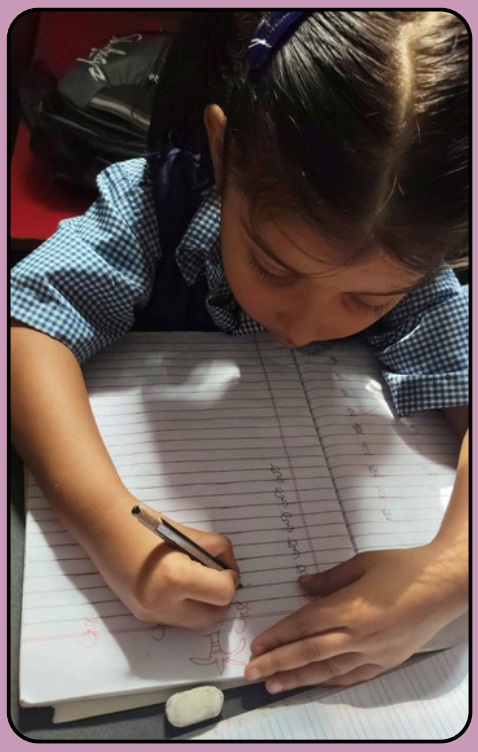
The class teacher noticed this and made an effort to help Niyati feel safe and included. She encouraged Niyati to join in fun learning activities like group discussions, team projects, and play-based learning that made it enjoyable.

With this support and a friendly classroom atmosphere, Niyati began to open up. She started talking to her classmates and showed excitement during activities. Now, she interacts confidently with her peers and takes part in all learning experiences.

ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH

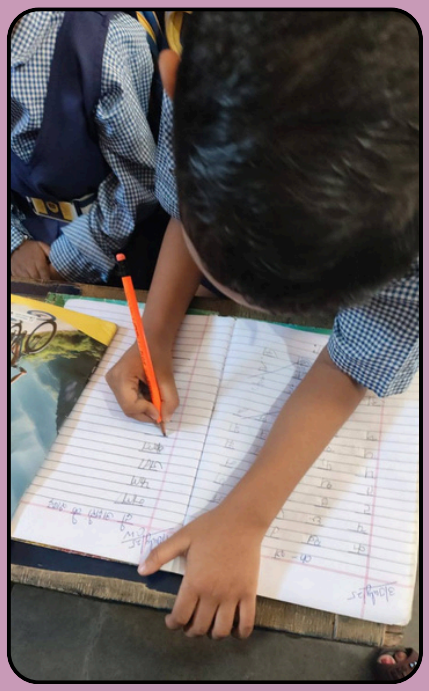
The students of DIR India's SWAD school engaged in enriching colouring activities involving fruits and creatively crafted paper umbrellas inspired by the monsoon theme. This hands-on experience not only fostered their artistic skills but also deepened their appreciation for seasonal changes with a monsoon theme.











CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINED
PRE - NURSERY + NURSERY	 KRITI	 ANVI	 AADHYA	 AYUSHI
L.K.G	 NISHU	 NAVYA	 RIYANSH	 RAUNAK
U.K.G	 SEHAJPREET	 DAKSH	 SATNAM	 SARA
ALAMBANA	 MAHI	 ANSH	 VIRAJ	 NIYATI

DIR INDIA HIGHLIGHTS OF THE MONTH

- The month of July commenced with an online meditation session for DIR staff, facilitated by Perceptor Neera Raghuvanshi. These online meditation classes are scheduled to take place every Wednesday.





- Col. Manish and his wife, Shalima Dadwal, visited the organisation and interacted with the school students and the team.



- Ms. Ashima visited the organization and engaged in conversations with the students from the school.



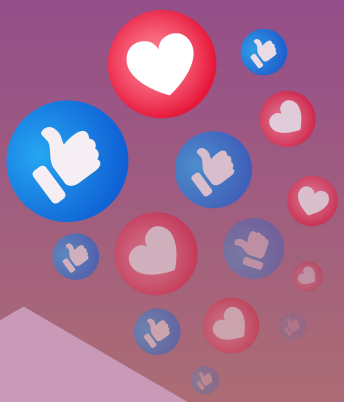


CONTACT INFORMATION

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IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSCCODE	SBIN0018249
MICR CODE	160002091

FCRA ACCOUNT DETAILS FOR FOREIGN FUNDS ONLY

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
ACCOUNT NO.	40127210462
ACCOUNT TYPE	FCRA CURRENT ACCOUNT
BRANCH CODE	00691
IFSC CODE	SBIN0000691
SWIFT CODE	SBININBB104
BRANCH ADDRESS	11, SANSAD MARG, NEW DELHI-110001

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